

Psalm 119
week 4, v. 106-107

What areas of your life are immovable? Is there anything that would cause you to yield a conviction?

Think of what it means to be "sold out".

"**Selling out**" is a common idiomatic pejorative expression for the compromising of a person's integrity, morality, [authenticity](#), or principles in exchange for personal gain, such as money.^[1] In terms of music or art, selling out is associated with attempts to tailor material to a [mainstream](#) or commercial audience; for example, a musician who alters his material to encompass a wider audience, and in turn generates greater revenue, may be labeled by fans who pre-date the change as a "sellout." *Wikipedia*

We can sell out our loyalty. Peer pressure causes people to sell out their convictions. We see this happen in politics, in entertainment and advertising where the norm is to try not to offend anyone. We become what others want or expect us to be in order to gain approval or popularity.

In Ps 119:106, David, our psalmist, doesn't care! He is steadfast in keeping God's commands no matter what. He is determined to follow God.

The previous two verses give us part of the reason for his determination. He hates to see sin in his life and he knows God's word leads to the right path. Therefore, he is convinced enough to proclaim his resolve to keep God's commands.

Ps 119:106 I have sworn, and I will confirm it, That I will keep Thy righteous ordinances.

Have you made a conscious, serious effort to follow God? Do you daily surrender to His commands? How did you come to this resolution?

How do the following scriptures encourage you to move forward?

1Co 15:58 Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that *your toil is not [in] vain in the Lord.*

2Pe 3:14 Therefore, beloved, since you look for these things, *be diligent to be found by Him in peace, spotless and blameless,*

Php 1:9-11 And this I pray, that your love may abound still more and more in real knowledge and all discernment, ¹⁰ so that you may approve the things that are excellent, *in order to be sincere and blameless until the day of Christ;* ¹¹ having been

filled with the fruit of righteousness which [comes] through Jesus Christ, to the glory and praise of God.

How great is your desire to please God? Are your efforts built upon a grateful heart for what you have been given so undeservedly?

Abundant exercise in God's work will strengthen the habit of grace, increase our skill in the contest, and make the victory more easy and pleasant to us. Let us frame believing, humble resolutions in the strength of God's grace, with a fear of ourselves, but a confidence in God. Treasury of David

When we continue on to Psalm 119:107, we see that David absolutely realizes that he can only determine to follow God through God's strength in his life.

Ps 119:107 I am exceedingly afflicted; Revive me, O LORD, according to Thy word.

The Psalmist describes himself as 'exceedingly afflicted'. Afflicted means he is defiled and weak. He recognizes his bent towards sin and the weakness in his own abilities to honor God. David is not *just* weak, he is very, very weak. David cries out to God who perfectly understands. In Psalm 22, Christ's suffering is described.

Ps 22:14-17 I am poured out like water, And all my bones are out of joint; My heart is like wax; It is melted within me. ¹⁵ My strength is dried up like a potsherd, And my tongue cleaves to my jaws; And Thou dost lay me in the dust of death. ¹⁶ For dogs have surrounded me; A band of evildoers has encompassed me; They pierced my hands and my feet. ¹⁷ I can count all my bones. They look, they stare at me;

What is the answer to weakness, suffering and hopelessness?

'Revive me, O Lord, according to Thy word.'

God is the One who restores us, who makes us whole.

revive <chayah> quicken, to keep alive, to give promise of life, to nourish up, to preserve, to repair, restore, be whole

Ps 119:25 My soul cleaves to the dust; Revive me according to Thy word.

Ps 143:11 For the sake of Thy name, O LORD, revive me. In Thy righteousness bring my soul out of trouble.

Ps 119:88 Revive me according to Thy lovingkindness, So that I may keep the testimony of Thy mouth.

Do you pray for God's grace when you are in need of encouragement? This is the example we have in David. Will God answer a prayer to be strengthened? Yes! Look again at Ps 119:25. It says 'Revive me according to Thy word'.

Matthew Henry's Commentary uses the words 'humble boldness'. Think of this! Humble because we know our weakness, boldness because we know God's strength.

Ps 34:19 Many are the afflictions of the righteous; But the LORD delivers him out of them all.

By two things especially doth God quicken us in affliction, by reviving our sense of his love, and by reviving our hope of glory. --Thomas Manton.

Thus, lay your dead hearts at Christ's feet, and plead in this manner: Lord, my heart is exceedingly dull and distracted; I feel not those enlarging, melting influences which thy saints have felt; but are they not chief material mercies of the covenant? dost thou not promise a spirit of illumination, conviction, and humiliation? is not holiness of heart and life a main branch of it? dost thou not promise therein to write thy law in my heart? to give me oneness of heart, to put thy fear within me, to subdue my corruptions, to help my infirmities in prayer? Now, Lord, these are the mercies my soul wants and waits for, fill my soul with these animating influences, revive thy work of grace in my soul, draw out my heart towards thee, increase my affection for thee, repair thine image, call forth grace into lively exercise. Doth not that gracious word intend such a mercy when thou sayest thou wilt not only give a new heart, but "put a new spirit within me" (Eze 36:26), to make my soul lively, active, and spiritual in duties and exercises? Dear Lord, am not I in covenant with thee? and are not these covenant mercies? why, then, my God, is my heart thus hardened from thy fear? why dost thou leave me in all this deadness and distraction? Remember thy word unto thy servant in which thou hast caused me to hope, and which thou hast helped me to plead; O quicken my dull heart according to thy word. --Oliver Heywood.

Notice how the Psalmist in 119:107 does not say remove the affliction from him. Rather the prayer is to supply what is needed to continue on through troubles with a mindset on truth. Through affliction we learn patience, hope, and trust. As our faith grows, our sanctification continues.

Conclusion: we can expect affliction; we should pray when we are afflicted; we should pray God strengthens us according to His word. We have a surpassing amount of grace to help us through all afflictions.

Application Questions

In Psalm 119:106, what has David resolved to do?

Can you state the same resolve? How will the following scriptures encourage you to remain faithful?

1 Corinthians 15:58

2 Peter 3:14

Philippians 1:9-11

Read Psalm 119:107. Can we be faithful on our own?

Where do we get the strength to persevere?

Psalm 119:25; Psalm 119:88; Psalm 143:11

When afflictions or weakness present themselves, how will you react?

